CONNECTSK

ISSUE 29 | SEPTEMBER 2015 | SOUTHKILBURNNW6.LONDON



REGENERATION UPDATE

WHAT'S ON GUIDE

SK STUDIOS DIRECTORY

2 WELCOME



The summer holidays can be a time of relaxation, telling yourself how much you've earned your break, and taking stock of what you've achieved. So I've been thinking not so much about what I've achieved, but what the Trust and its fantastic staff have achieved. And it's a lot. Too much to go into here, but I'd like to highlight an important theme which underpins the main stories in this edition of Connect SK. This is that we are getting much better at being a Trust which works with, as well as for, the people of South Kilburn.

For the first time in this year's Summer Festival, our local people had a big hand in designing as well as delivering the content of the festival, which was a major contribution to its success. We'll learn from this success, and aim for an even bigger contribution next year.

I'm also delighted that over half of the occupants of the South Kilburn Studios are now South Kilburn residents, and most of the rest live within walking distance in Brent. Since occupants of the Studios have to "give back" to the local community as part of the deal, it means that we are drawing on a big pool of local talent and entrepreneurship to support other residents e.g. through the traineeship programme.

So my thanks go not just to our fantastic staff, but also to all the growing number of South Kilburn residents who we are lucky enough to be able to work with. Together, we are helping to make South Kilburn a better place for everyone, and that's what I'm proud of!

Ros Dunn

Independent Chair, South Kilburn Trust

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The Editor of Connect SK and South Kilburn Trust will aim to ensure that information printed in Connect SK is correct at time of going to press. However, The Editor cannot take responsibility for information contained in articles provided by third parties.

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KIT OATES EXHIBITION

The RE: Generations photographic exhibition will continue until the end of the year. Photographer and SK Studios tenant, Kit Oates, was commissioned by the South Kilburn Trust to deliver the project. The exhibition, which launched in April 2015, was scheduled to come to an end in June but due to its popularity with the community, the project has been granted an extension and will run through to winter 2015.

The photos, which can be seen on buildings locally, use the faces of people in the area to capture the diversity and richness of South Kilburn. The exhibition has since gained media coverage from the BBC and The Guardian newspaper. Locations of the art-work can be found at www.kitoates.com. The photos will also be displayed in central London at the Salvation Army International headquarters.



ELDERS BRIGHTON TRIP

Every Monday, the South Kilburn Older People's Project (SKOPP), a group of elders in the community meet for lunch, yoga and bingo.

On July 22nd, fifteen members of the group headed to Brighton for a relaxing day beside the sea. The trip was paid for with donations and the sale of items at community fairs. On arrival the group went straight to a restaurant on the sea front.

A round of fish and chips later, and out came the desserts cake and ice creams that were too big to finish! After a stroll up the iconic pier it was time to go home. It was a great day for all. The elders group are hoping to plan another trip for next year.

The elders get together every Monday from 11:00am-4:00pm at Carlton Hall, Canterbury Terrace. If you are interested in joining the group, just come along – no need to book.



WHAT'S ON SK GUIDE

Want to find out what's happening in and around SK? Check out What's On SK, a bi-monthly what's on guide providing information on a range of free and affordable activities, events and workshops for all members of the community. We've enclosed September / October's guide in this issue of Connect SK. If you would like to list an event or activity in What's On SK, please email hello@southkilburntrust.org

SK STUDIOS TENANTS GIVE BACK!



South Kilburn Studios was buzzing with creativity this summer when this year's round of giveback events, organised by the Studios tenants in partnership with South Kilburn Trust, took place. These events, which are a key feature of the SK Studios tenants' annual giveback programme, saw a range free events rolled out to local residents in July and August.

There were various events to suit differing interests and abilities, such as a jewellery-making workshop organised by jewellery designer Deborah B Design (pictured above), community parties and photography workshops run by SKS resident photographers Kit Oates and Daniel Thomas.

Other workshops included a music production class with production company Kas-Tro, hat making with milliner, Victoria Grant, as well as a series of motivational talks and workshops. For more information email hello@southkilburntrust.org or visit www.southkilburnstudios.org

THE TRUST

SK GOES DIGITAL

A digital noticeboard will hopefully be located opposite the Kilburhigh Road Overground station. The noticebaord will highligh located overstand station. The noticebaord will highligh located events in addition to allowing independent retailers and small businesses to advertise. As the majority of the residents might have experienced, Kilburn High Road, one of the main ancient Roman roads, can be a very busy place with a high number of shops, pubs, restaurants and heavy traffic.

Divided between two boroughs, the unique character of the High Road is quite often lost. Often small community organisations and small businesses struggle to get noticed and experience difficulties in communicating what they can offer to the wider community. The digital noticeboard is an attempt to have channelled communication controlled by the community. South Kilburn Trust is working on the nitiative with The Kingsgate Community Centre and the Kilburn Neighbourhood Forum.

The organisations are collectively looking at grant funding from the Mayor of London's High Street Fund, which will be supplemented by money raised through crowdfunding web site Space Hive, ideally looking for donations from the community to show their support and involvement. To donate, go to www.spacehive.com/ourkilburn



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CONNECT SK RECRUITMENT



Connect SK is South Kilburn's very own free quarterly magazine developed exclusively for residents of South Kilburn by the South Kilburn Trust. The magazine is inspired by you, for you, and you can find interesting stories about local people, developments in the area, activities, events, jobs and much more.

We want to involve more South Kilburn residents in theproduction of Connect SK. You don't need experience of working on a magazine, but you do need to be passionate about South Kilburn and share our vision to develop and grow Connect SK. If you're interested in contributing to Connect SK in any of the following areas, we'd love to hear from you;

- written content
- editing
- photography
- graphic design
- general research

Please note that you don't have to have qualifications, but if you do, that's a bonus!

Sound good? That please drop an email to rita@southkilburntrust.org call 0207 328 1199.

Have a community story to tell? Would you like to see your venture, event or cause featured in Connect SK. Simply
 email rita@southkilburntrust.org, call on 020 73281199.

AUTUMN/WINTER 2015 ACTIVITIES

As the Trust's summer programme of events and activities draw to a close, we are getting ready to welcome Autumn/Winter 2015 with a wide range of opportunities for South Kilburn residents.

Our offering in the coming months include our on-going employment support services, new grants, events plus more for all the community.

SEPTEMBER - DECEMBER 2015 AT THE TRUST

Job Lounge - support to find training or work (Tuesday mornings drop in + appointments on other days at Carlton Hall) Love Work Wednesdays - support to start a business (Wednesdays all day + appointments on other days at SK Studios)

Free shared work space in SK Studios

Business start-up grants and In-Work support grants

Practical support to start a new project - current resident projects we are supporting include a maths tutoring group, film night, radio shows, walking group, fitness groups, and more

Community Event grants - up to £250 fo community groups

Community Project grants – up to £2000 for locally based groups and organisations

Venue hire (Carlton Hall and SK Studios) -£15 per hour for local groups

New weekly free legal advice service coming later this year

Weekly events at Carlton Hall including Somali women's group (Wednesdays at 11am), Somali children's cultural group (Fridays) and older people's lunch club (Mondays)

Support for carers of people with dementia (coming soon)

Futsal for under 14s (coming soon)

For more information email hello@southkilburntrust.org www.southkilburnNW6.london



SOUTH KILBURN TRUST

REGENERATION UPDATE

SITE 11B



Bouygues Development, along with their partner Londonewcastle, was selected by Brent Council to redevelop the site and they have appointed Bouygues UK Limited for the new build construction of 144 apartments (28 will be affordable and managed by L&Q) with a Marks & Spencer (Simply Food) basement car parking, and associated landscaping. The development is now known as 'Queen's Park Place'. All 3 concrete frames are now complete and lightweight steel and brickwork has started and open floors are beginning to be filled in. Deliveries are taking place on daily basis – which include concrete and brick deliveries. Other trades are due to start on site. Pupils from a local primary school were given the chance to swap their school books for hard hats in May 2015 as part of a special visit organised by Brent Council and Bouygues Development. During an afternoon visit a group of 20 pupils from nearby Kilburn Park Junior School were welcomed to the site to learn about regeneration and construction. Pupils were also given a lesson. in health and safety. Hazards such as open excavations and an overall view of the dangers of playing on construction sites were highlighted by Bouygues Development's Operational Manager and pupils were given a site tour.

An Employment Day was held on the 8 May 2015 which generated great interest. For more information regarding employment opportunities, please contact lauren@southkilburntrust.org. If anyone needs to get in touch urgently with Bouygues, please ask them to call: 0800 0835 234 and for general enquiries please contact: south.kilburn@bouyguesdev.com For more information regarding the Project please contact Marie at Brent Council: Tel 0208 937 1621 or Email: marie.frederick@brent.gov.uk For more information on the South Kilburn Regeneration Programme: https://brent.gov.uk/southkilburn



GLOUCESTER HOUSE AND DURHAM COURT



In 2014 planning permission was granted for the redevelopment of Gloucester House and Durham Court, as part of Phase 2b of the South Kilburn regeneration programme. The Gloucester House and Durham Court redevelopment will deliver 236 new homes (of which 102 are affordable and for existing Secure Tenants of South Kilburn and 134 for private sale), replacement play space, associated landscaping, general public amenity space and car parking. The Council will shortly be starting the process of procuring a developer partner to deliver the comprehensive redevelopment of Gloucester House and Durham Court. It is anticipated that a developer partner will be appointed by spring 16. For more information regarding the Project please contact Denise at Brent Council Tel: 020 8937 2269 Email: Denise.mulligan@brent.gov.uk

PEEL



The proposed comprehensive redevelopment of the Peel Precinct, 97 to 112 Carlton House and 8 to 14 Neville Close (together defined as 'Peel'), aims to deliver a new health centre for South Kilburn that is big enough to meet the existing health needs of the population and the anticipated health needs of future residents, provide new homes for existing Secure Council Tenants with homes within the redevelopment site and deliver homes for private sale. The Council has appointed Penoyre & Prasad to prepare a planning application for the comprehensive redevelopment of the site, in consultation with local residents and stakeholders. It is anticipated that the first round of consultation will be in early autumn 15. For more information regarding the Project please contact Denise at Brent Council Tel: 020 8937 2269 Email: Denise.mulligan@brent.gov.uk

LAND NORTH OF CHIPPENHAM GARDENS

The proposed comprehensive redevelopment of 5 to 9 Chippenham Gardens, which includes the Kilburn Park Post Office, with the Council's adjoining land at 4 to 26 Stuart Road (even numbers only); aims to deliver, a new high quality residential led development. A collaboration agreement was exchanged with Woodville Properties on 19 December 2014 to bring forward the redevelopment of this Site. The Council appointed PRP Architects to lead the design team through to a full planning application for the redevelopment of the Site. The Council held its first public exhibition on Wednesday 12 August 2015 at the Vale Community Centre from 3-8pm to consult on design proposals. Further exhibitions are planned, with the second

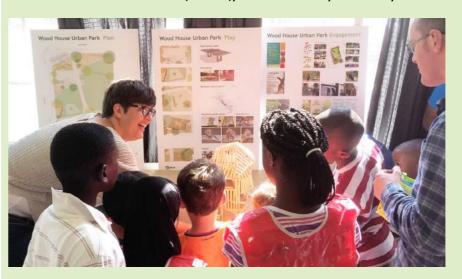
exhibition scheduled for winter 2015.

For more information regarding the Project, please contact Marie at Brent Council: Tel 0208 937 1621 or Email: marie.frederick@brent.gov.uk



REGENERATION UPDATE

WOODHOUSE URBAN PARK (WHUP), ALBERT ROAD, LONDON, NW6



A new high quality, vibrant and fun, urban park, identified as Woodhouse Urban Park is coming to Albert Road, London, South Kilburn, NW6.

The park features innovative, natural robust and sustainable play provision; site furniture, a diverse landscape design (hard landscaping and soft landscaping) new trees and species, which contribute significantly to the wider attractiveness and landscape value of the local area. It offers a range of uses including the creation of footpaths linking Albert Road to Denmark Road with the aim of offering an accessible, welcoming environment, for the existing community, the wider community and the general public.



The Council has appointed Erect Architecture to lead on design and specification and over the last few months have delivered a number of community engagement sessions for the delivery of the new urban park.

The Council worked over the last few months in partnership with the South Kilburn Trust and local residents, local pupils and the OKClub to gather views and ideas for the design of WHUP: of which some have been incorporated into design proposals.

The Council has also been working in partnership with South Kilburn Trust to create a dedicated group called the 'Friends of Woodhouse Urban Park' (FWUP).



The Council has held a number of workshops and consultation sessions to engage the local community and to help shape the design of the park that will be for the enjoyment of the local community.

- September 2014 First meeting was held for the 'Friends Woodhouse Urban Park'
- October 2014 A trip was arranged to the Olympic Park to gain inspiration for the design of the new park and was enjoyed by all that attended it
- November 2014 1st Co-Design workshop
- February 2015 2nd Co- Design workshop

The Council held its final public exhibition on Tuesday 21 July 2015 (4:00-8:00pm) where the final design was showcased and a 3D model of the play structure was also displayed. Children had the opportunity to decorate bird boxes that will be featured in the new urban

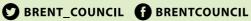


We would like to thank the community for being involved throughout the projects lifecycle and helping to shape the design of the new Urban



For more information please contact: www.brent.gov.uk/woodhouseurbanpark For more information on becoming a 'Friend of Woodhouse Urban Park' please contact Reena at South Kilburn Trust Tel: 020 7328 1199 Email: reena@southkilburntrust.org For more information regarding the Project please contact Marie at Brent Council Tel: 0208 937 1621 Email: marie.frederick@brent.gov.uk







ROUND - UP

The Employment & Enterprise team have been incredibly busy over the past few months working with local people to access jobs and start their own businesses.

In May, the Trust collaborated with Network Housing and Bouygues to co-ordinate a construction based recruitment day. Network Housing ran an employment based boot camp for local people looking for employment in the Construction industry and as a direct result of the boot camp, 10 local residents will be starting work in September with United House.

Since working in South Kilburn, I have been inspired at the increasing number of local people trying to start a business. We launched the Pop Up Business School in May which attracted 65 local residents interested in business. The Pop Up Business School provided the perfect mix of practical advice, group activities and one to one support, and I was delighted to see some of the businesses who attended the Pop-Up Business School trading at this year's South Kilburn Festival. Starting a new venture in enterprise or a new job is always challenging, which is why South Kilburn Trust will be launching support grants to assist residents with their new ventures:

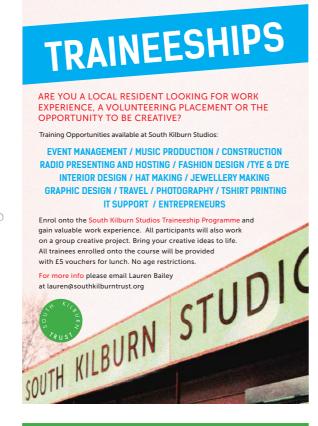
Employment Support Grant

A grant to assist jobseekers or those who are just starting a new role with travel, lunch, work clothes, interview clothes, training and much more. To be eligible you must be enrolled onto the employment support programme and be a South Kilburn Resident.

South Kilburn Enterprise Grant

A grant to assist entrepreneurs with their self-employment journey. To be eligible applicants must live in South Kilburn or run a business from the area.

Lauren Bailey, Employment and Enterprise Manager



EMPLOYMENT & ENTERPRISE

SK BUSINESS GRANTS

SOUTH KILBURN TRUST ARE OFFERING BUSINESS GRANTS TO START-UP BUSINESSES IN THE LOCAL AREA

The SK Business Grant is up to £1000 which includes 6 months mentoring, access to free business workshops and free desk space

YOU ARE ELIGIBLE TO APPLY IF YOU ARE:

AN ENTREPRENEUR LIVING IN SOUTH KILBURN

OPERATING A BUSINESS IN SOUTH KILBURN

OVER THE AGE OF 18

TO APPLY FOR THE GRANT

visit our website www.southkilburnnw6.london or contact Lauren, Employment and Enterprise Manager: email lauren@southkilburntrust.org call 07823 412 002

SOUTH KILBURN TRUST

We are looking forward to meeting more and more residents in the near future to discuss their employment and enterprise options. For more information email lauren@southkilbumtrust.org

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BUSINESS GRANT RECIPIENT

Name: Beverly Booth

Business: Prim and Proper Caribbean Catering

I have lived in the community since the early eighties. I noticed an increase in cancers and cardiovascular diseases affecting individuals at a young age, so I decided to take action. In 2007, I founded People's Choice, a healthy cooking project aimed at tackling health problems by teaching people how to cook healthily.

I researched the causes of some diseases and methods to manage them, which led me to learn about nutrition and other ingredients like herbs, spices, fruits and vegetables. Many Caribbean foods have healthy properties which can heal and it's just a matter of applying your knowledge to get the best out of them. Unfortunately, it was difficult to maintain funding for People's Choice so I had to stop the project. I'd been teaching people how to cook healthy food, so decided to use my skills to start my own business.



I've been self-employed since 2012, working from home. This has been challenging. Recently, I was fortunate enough to receive a business grant from South Kilburn Trust and to attend the Pop-Up Business School put on by the Trust. As a small business, the workshop enabled me to see things differently, while the grant has enabled me to by equipment, advertise and find ways to network and give back to my community. I was thinking of closing my business and the grant has come in handy – it has really been a God-send. All of the support has helped and I'm looking forward to seeing my business grow.

If you would like to know more about the business grant for local businesses, please email lauren@southkilburntrust.org

SK BIZ: SK SUPERSTARS



from South Kilburn with a strong passion for enterprise. These young entrepreneurs aim to capitalise on the growing success of loom bands; plastic looms used to weave colourful rubber bands into bracelets and charms. Their interests reside within fashion, dance and music and they have used

Meet the SK Superstars, a business collective made up of 4 youngsters

all three genres to promote and sell their loom bands. The SK Superstars made their debut at the SK Summer Festival, where they took to the stage to challenge festival-goers to learn the 'Candy' dance, using the festival stage as a platform to promote their business. The collective are firm believers in team work and celebrate each other's strengths while supporting each other and working through their weakness. They are proud to live in South Kilburn and hope to one day have their very own space in South Kilburn Studios. Connect SK caught up with Sheyann, 9 (top right), Shauwayne, 10 (top left), Mia, 10 (bottom right) and Rukiayah, 10.

How did the SK Superstars come about?

"We love loom bands and our friends loved the designs that we made so we decided to sell the loom bands in order to buy more materials to make more for our friends. We love dancing and so we use dancing to promote our creative loom bands."

What are loom bands & what makes SK Superstar's loom bands different?

"Loom bands are stretch elastic bands that you can make into a necklace, charm, ring, daisy ring or even a headband. The SK Superstars are different because we're creative and we make loom bands that represent the people from South Kilburn. For example, our red and white looms represent the English flag and the yellow, black and green looms represent the Jamaican flag."

Five words that describe the SK Superstars?

"Creative, intelligent, fashionable, business-minded and friendly. The sky is the limit for these little stars – watch this space!"

If you are interested in starting your own business and need advice, email lauren@southkilburntrust.org



10 SK FESTIVAL SK FESTIVAL 11

SK FESTIVAL 2015



STARBUCKS CO

Princess Nyah Q & A

Q: What was it like to perform at the OK Club in South Kilburn, somewhere that you have been before as a child?

A: "It was really surreal to be back in a place that I'm so familiar with. It used to look so big so it was strange it looking so small now."

Q: How has South Kilburn inspired you?

A: "It inspires me because it has so much talent."

Q: Tell us about your fashion label Binghi's Boutique?

A: "It's a lifestyle brand for women and men. We strive to create conscience clothing that evokes emotion and thought. We are all about positivity."

Q: Your social media is full of positive and inspiring quotes. What advice would you give young people inspired by you who want to work in the music or fashion industry?

A: "My advice is to take failure as a lesson on how not to do it. Many of the greats failed over and over until they got it right."

Q:What has been your proudest moment?

A: "Having my mum watch me perform at Wemble Arena."

Q:Where do you see yourself in five years' time?

A: "I see myself running a successful record label helping girls like me get into the music and fashion business."





TOP 5 FESTIVAL HIGHLIGHTS

- 1. Free Ice Cream
- 2. Princess Nyah Live
- 3. Bouncy Castles
- 4. African Dancers
- 5. Atmosphere / community

CELEBRATING SOUTH KILBURN

Hundreds of people came out to celebrate South Kilburn at this year's South Kilburn Summer Festival. The event, delivered by the South Kilburn Trust, in partnership with local residents, took place at the Carlton Open Space on Saturday 25th July from 12pm - 6pm.

Despite fears of bad weather, the sun beamed for the duration of the event and festival goers were able to enjoy a range of free activities including a 4 storey high bouncy castle, a rodeo bull, arts and crafts activities and more There were also range of stalls on the day selling food, drinks, toys, clothing and providing information and advice. Festival goers' fitness levels were put to the test with Brent Council's Rollapaluza challenge – a stagnant roller racing machine, whilst local gym, Fit4Less, provided free personal training sessions and health and fitness advice.

Planning for the event started as far back as March 2015. The Trust set up a festival committee comprising of local residents who planned and delivered the festival. Jourdelle Bennet, festival

Committee Member, said, "The team and community spirit triumphed on the day! It just shows how strong we can be as a collective. I'm new in town and becoming a committee member has connected me with my community."

Chief Executive of South Kilburn Trust, Mark Allan, said, "The South Kilburn Summer Festival brought people from all walks of life together and there was a real sense of community. We have worked in partnership with residents to produce the event and it has been one of the best festivals we have seen - the feedback we have received has been phenomenal. South Kilburn Trust would like to thank all the local organisations and the people who came out and helped to make it such a memorable day."

Highlights of the festival included a visit from actress Sienna Miller and West African dance troupe Kloga, who wowed the crowd with a spectacular showcase of traditional African dance, acrobatics and tricks. Local performers included the SK Superstars, who successfully challenged revellers to gather

and perform a mass 'Candy' dance, whilst the Tabot Mix dance group who are all under the age of 10, captured the hearts of the audience with their energetic performance. The day culminated in an entertainment show at the OK Club, with performances from local group Vybz Collective, Somali singer Faisal alongside the South Kilburn Somali Children's group, & RnB singer of 'Frontline' fame, Princess Nyah, took to the stage to perform the hit song. The festival concluded a 5-day programme of events which launched with a fashion show produced by fashion brand Starsky Clouds, a 'know your rights' workshop, a Somali Eid celebration and a Film Night special at Granville Community Centre

The Trust would like to thank everyone who came and supported this year's festival and its committee members.

Additional thanks goes to our sponsors; Starsky Clouds, The OKClub, The Institute of Comtempory Music & Performance, Starbucks Coffee, Network Housing Group & BANG Radio.

liscussion would create the foundation for a

ashion brand that would not only transform

s life and outlook, but inspire young people

community to follow their dreams.

Follow Darren and Starsky Cloud's journey or Twitter, Facebook or Instagram.

- @Starskyclouds
- F @ Starsky Clouds
- @starskyclouds_clothing

How did Starksy Clouds come about?

"I was basically not doing very much, being in the wrong place at the wrong time and getting myself into trouble. Finding a job was difficult because of the economic downtum, so I decided that I wanted to make my passion my pay cheque. I remember having a conversation with my friend about how we could improve our lives, and the concept of Starsky Clouds came about... it was just an idea which soon became a reality."

What does Starsky Clouds mean?

"Starksy Clouds is about positive thinking, believing in yourself and empowering yourself. It's about aiming high, going above the clouds to the stars; the Cloud icon symbolises innovative heights."

What three words would you use to describe Starsky Clouds?

Positive, fun and empowering.

How old were you when you got into fashion?

"I've always had a passion for fashion. My clothes were always colour coordinated. I was twenty-five when I had the idea of starting a label, and the Starsky Clouds brand was born."

How has Starsky Clouds been received by the community?

"At first people were not aware of Starsky Clouds or the message I was trying to get across. Because of the exposure gained through various events in the community this year, more people are now aware of what Starsky Clouds is all about. "

What has Starsky Clouds achieved so far?

"This year Starksky Clouds sponsored the South Kilburn Summer Festival. We provided the Trust with an exciting fresh

" I decided that I wanted to make my passion my pay cheque."

design for the crew t-shirts. Starsky Clouds also kicked-off the festival event programme with a fashion showcase event at the OKClub and almost 200 people showed up."

How did this make you feel?

"It's my biggest achievement to date. Being part of the whole experience and organising the fashion show is something I have never done before. I have grown as a person and learnt different things along the way – something I have always wanted for myself. Before this, I didn't think I could have an opportunity to be a part of something so big. This step up has given me the confidence to do more

things and reach out. A lot of local people are proud of me and some have reached out to me offering support and opportunities to sponsor local events. People are starting to believe in the Starsky Clouds brand and what it is all about. It has moved from being a locally recognised brand to being recognised across Brent. We are being approached by numerous organisations to connect and collaborate. "

What is the future for Starsky Clouds?

"I want to take Starsky Clouds from a local brand to an internationally recognised brand. Since the festival I was approached by Love Where You Live (LWYL), to be an exhibitor at the Sports and Common Unity Day that took place at Willesden Sports centre on Saturday 22nd August. Starsky Clouds will also be part of a national fashion show in Birmingham this winter with over 3,000 people expected to

What is your message to any young people who want to follow in your steps?

"If you have a dream, or a passion, go for it! Set yourself targets and don't let people pull you down! It's your life that you're living and you're the one behind



GRANVILLE COMMUNITY KITCH

The Granville Community Kitchen is a community led programme that enables the residents of South Kilburn community to access healthy, affordable and sustainable food through a variety of food related activities that are accessible to all. The Granville Community Kitchen have been working with Development and Learning Opportunities (DALO), a South Kilburn based organisation that provides services to young people with severe and profound multiple learning difficulties.

"We have been excited to join forces with DALO at Granville Community Kitchen at our weekly Thursday Lunch Club. We usually have six people from DALO help us in the kitchen, preparing, cooking and serving dishes from around the world such as Chakalaka (Soweto Chilli), a vegetable relish that originated from the South African townships."

"It's more than just gaining valuable life skills, they simply are so joyful to be accepted as part of the community. They are doing exceptional work and we are happy that we are able to give them this opportunity. Our vision is to make the project available to everyone in South Kilburn and our Thursday lunch club is one way of doing this, says Granville Community Kitchen Project Coordinator, Dee Woods.

Dancing and singing while making lunch, Dee describes The Granville Community Kitchen as "infectious".

"Even when someone is not feeling too happy, they soon cheer up. And not everything always goes to plan. Their favourite meal to cook was pizza and despite the disaster of the pizzas sticking to the trays, they did their best, laughed through it and everyone still enjoyed it," says Dee.

Dee chose a South African menu to fit with the monthly film club (2nd Wednesday of the month) which showed 'Mandela: A Long Walk to Freedom' in June and says, "The Granville Community Kitchen is the ideal place for cross cultural sharing and appreciation, in addition to learning about great tasting, healthy food".

DALO Support Worker, Esther, says "I am learning so many new recipes with food from around the world that I think I can open a restaurant!"

You can simply volunteer, run one of our lunch clubs or if you have an idea for doing something, we would love to work with you. Don't forget to pop into out Film nights the 2nd Wednesday of the month.

Granville Community Kitchen / The Granville Centre / 80 Granville Road, NW6 5RA. granvillecommunitykitchen@gmail.com or 07543824439.





DEE'S KITCHEN TIP

Make your own buttermilk substitute by adding one tablespoon of white or apple cider vinegar or lemon juice to one cup of full fat milk. Leave it to stand for five minutes. Use in any recipe that calls for buttermilk, sour cream or yoghurt.



CARNIVAL SIA

The streets of Notting Hill come to life every August Bank Holiday weekend as London gets together for Europe's biggest street festival - the Notting Hill Carnival. The Caribbean themed event sees West London celebrate with steel bands, Calypso music, dancing and fragrant West Indian cuisine. Put sinply, the Notting Hill Carnival is one huge street party.

For years communities across London have gathered in Notting Hill for one of the world's biggest celebration of Afro Caribbean culture. Notting Hill camival is a staple attraction for tourists visiting London during this time of year, famous for its waves of vibrantly coloured, flamboyant costumes. We've put together a quick round-up of Carnival events taking place over the Bank Holiday wekkend. Enjoy!

WHAT'S HAPENING

London Calypso Tent

emational artists. An electrifying showcase of storytelling, poetry, political humour,

Panorama

Rhythms of the Caribbean

http://www.thelondonnottinghillcarnival.com/carnival.html

DOES

JUMP OFF 2

Thank you to those who attended 'Camival Jump Offf' last August at SK Studios. It was an inspiration to see so many creative minds coming together to create something bigger than themselves. The amazing turnout, positive energy, conversations and he unity among the people. A new paradigm was adopted by the people of the area, a paradigm that promoted teamwork, respect, and the desire to succeed as an area. The event captured the energy of people in SK & reinforced the desire to come ogether to organise events, workshops and projects organised by the community, for the community. This year, the brains behind 'Camival Jump Off, Positive Slogans (UK) and Zone 6 will deliver another exciting event showcasing local creativity on Saturday 29th August. If you'd like to olunteer at 'Camival Jump Off 2' simply call 0753 - 890 - 4063 or e-mail to positiveslogans@hotmail.co.uk

Visit www.facebook.com/pscommunity1 for pictures from last year's Carnival Jump Off & look out for our next mailing.

POSITIVE SLOGANS & ZONE 6

SIK STUDIOS

"A creative hub that nurtures local businesses and aims to unlock the creative skills and potential of South Kilburn residents"

Since April 2015, a number of new tenants from South Kilburn have moved into South Kilburn (SK) Studios, a working space for creative start-up businesses based on Peel precinct. In total there are 24 tenants; 60% of these are from South Kilburn, 30% are from Brent and 10% are from elsewhere. This unique project, run by South Kilburn Trust, offers co-working, event and studio space. The Studios also runs a community 'giveback' programme delivered by its occupants; as part of their tenancy agreement, SK Studios tenants pledge - in lieu of market rate rent payments – to deliver traineeships, events, workshops or commercial time to support the ongoing regeneration of the area.

This summer, SK Studio tenants delivered a 'giveback' programme which engaged local people in a series of activities that informed, educated and celebrated

creativity, affirming the Studios reputation as a creative hub that nurtures local businesses and unlocks the creative skills and potential of south Kilburn residents.

Through activities like these, Studios tenants have established relationships with residents, local organisations and businesses, and have worked with the Trust to develop and deliver activities according to local need. This community focus has enabled the Trust to bring its vision of transforming the Studios into a community-led creative space to life.

We've put together a SK Studios directory to get you acquainted with the tenants, old and new. The studios are open from 10.00am - 4.30pm. If you want to get in touch with any of the businesses about their goods or services, please feel free to pop in.

Studio 2 Maze Entertainment - Events

SK STUDIOS

ounded and run by South Kilburn resident email: mazeentertainmentuk@hotmail.com

Studio 2 Kany Kavuala

SK STUDIOS

outh Kilbum resident Kany Kavuala helps ansmission) organising workshops to help esidents passing the driving test. kanvkavuala@amail.com

Studio 2 R-tistic Productions

SK STUDIOS

I-tistic Production is a media production email: r-tistic@hotmail.co.uk

Studio: 3 / Massia Jassia





Specialises in print design (Studio: 3) and odern vintage clothing (Messie Jessie) nessieiessiedesian@amail.co.uk cebook.com/studio-3

Studio 3 Me Time UK

SK STUDIOS

BUSINESS

illed 'MF TIMF' service to both Parents and children. Children will participate with games nfo: tdpstorm@aol.com

Studio 7 Elite Sport and Leisure



advice and guidence to young people to nelp them fully explore and understand their ptions regarding career pathways. litesportandleisure.wordpress.com

deborah:B

and leather. Email db.arts@vmail.com.

SK STUDIOS

construction, with the objective of helping South Kilburn residents to find sustainable



Sandra Emoni. Your Travel Family captures th

Kit Oates - Photography



n Kilburn. Kit mentors 2 local photography



nusic libraries and publishing companies.



her distinctive designs are regularly featured. & Style. www.victoriagrant.co.uk

Studio 9 Volpe D'Oro



founded by a Kilburn resident that produces exceptionally high quality cashmere jackets and lifestyle products designed in London and made in Italy using waterproof cashme

Musa Jebak - Visual Artist



media from South Kilburn. He expresses

Studio 6 Twiss Embroidery/Positive Slogans

SK STUDIOS

Run by South Kilburn resident Jamie Akinola. wiss Embroidery is a custom branding vorkshops aimed at young people. www. acebook.com/twissembroidery / www. acebook.com/PSCommunity1



from South Kilburn and organise basketball activities throughout London. Their mission is o improve lives through promoting healthier festyles. Find out more: www.thelba.co.uk

SK STUDIOS

NM organises and promotes motivational ampaigns and events. Founded by South filburn resident Alex Morrison, the business lso focuses on the creation of merchandise like clothing, leaflets, magazines etc. Email:



content creator. Creating engaging content or broadcast, online and offline audiences or nternal and external platforms. Specialise in: ideo, interviewing skills, producing, directing client liaison, journalism, writing engaging

Studio 13 Daniel Alfonzo Thomas



aniel is a creative digital artist, photographer and web developer from South Kilburn. He is alled 'Brutalism', aimed to capture the beauty f the area before regeneration started. www

SK STUDIOS

South Kilhum resident Jason Ofodile is an 🛭 Consultant, offering technical support with software and hardware. To contact email: iason.ofodile@amail.com

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Studio 8 My Interior Stylist

interior stylist

expertise covers a comprehensive range o www.myinteriorstylist.com

Studio 10 Living Right Limited

SK STUDIOS

South Kilburn resident-run business that adds value to lives of landlords, investors an agents. This agency prides itself on finding olutions to all manner of problems. www.livingrightltd.co.uk

Studio 11 RadioActive Consulting Ltd

SK STUDIOS

Kilburn. They provide organisations around the world with equiptment, trainingand technical assistance to run community radio stations & roiects. www.RadioActive.org.uk

Cilburn to Kensal Radio



shair their views and talents and reach a alohal audence. All are welcome.



WORK

WEDNESDAYS

EVERY WEDNESDAY 10AM-5PM

Love Work Wednesdays

Calling out all entrepreneurs young and old, freelancers, startup businesses and people who just want a space to work!

Love Work Wednesdays promotes peer-to-peer support and collaboration on projects and creativity.

Attendees must register prior to attending, it's free!

loveworkwednesdays@eventbrite.co.uk

For more information email: lauren@southkilburntrust.org

SOUTH KILBURN TRUST



FREE

Space to Work

Love Work Wednesdays

EVERY WEDNESDAY

BOOK YOUR FREE SPACE NOW!

SOUTH KILBURN STUDIOS

Canterbury Road

London, NW6 5SW

www.southkilburnstudios.org

EVERY WEDNESDAY 10am-5pm